



Mt. Diablo Dental Hygiene Society
 Advancing the Art & Science of Dental Hygiene

"The Coach Approach: Communicate to Motivate & Eat, Drink & be Wary: You Are What You Eat"
Featuring Lisa Copeland, RDH



Saturday • April 14, 2012 • 4 CE units • Annual Spring CE Meeting
 8:00 am – 9:00 am • Registration & Buffet Breakfast
 9:00 am to 1:00 pm • Presentations
Crowne Plaza • Concord, CA • 925-825-7700

COURSE DESCRIPTIONS:

- How do you motivate your patients to prevent disease or improve their oral health? Patient adherence dramatically impacts the prevention of dental diseases, as well as the long-term success of therapeutic, restorative and cosmetic procedures. Research shows that true motivation comes from within. You will be introduced to a communication method, which empowers patients to change.
- Americans are truly becoming what they eat and the statistical changes and long-term outcomes are moving in an unhealthy direction. The fact is the American diet is FAR from giving anyone the Recommended Daily Allowance (RDA) of nutrients. Getting back to the basics of consuming whole foods is the key to balancing our general and oral health through nutrition. As dental professionals we have the opportunity to educate, advocate and encourage patients to implement healthy lifestyles relative to nutrition and oral health. By providing a "wellness plan" during their dental appointment, we are expanding the scope of dental treatment beyond oral diseases.

About the Speaker:

Lisa is a graduate of Broome Community College, NY with twenty-six years of clinical practice experience. She began her career in the Center for Osseointegration in Washington DC, which specialized in dental implants and prosthetics. As an international speaker and educational consultant for over twenty years, Lisa has presented a wide range of topics to audiences throughout the world. She is also the Manager for Professional Education in the NW for Philips Sonicare.

Educational grant provided by:



REGISTRATION FORM:

- USE ONE FORM PER REGISTRANT

SEND REGISTRATION TO: Debbie Phillips, RDH, BS
 182 Cameo Drive
 Danville, CA 94526
 925-831-8632

Name: _____

RDH DDS RDA/DA STUDENT OTHER _____

Address: _____

ADHA Membership #: _____

Phone: _____ E-mail: _____

MtDiabloDHS@aol.com

MDDHS POLICY:

*No phone or e-mail reservations taken.
 No refunds after 04/02/12*

TUITION:

Postmarked by April 2, 2012

- ADHA/ADAA MEMBER \$90.00
- Potential-member RDH \$150.00
- DDS \$160.00
- RDA/DA/Other \$100.00
- Student \$40.00

Postmarked after April 2, 2012

- ADHA/ADAA MEMBER \$100.00
- Potential-member RDH \$160.00
- DDS \$170.00
- RDA/DA/Other \$110.00
- Student \$50.00

PLEASE MAKE CHECK PAYABLE TO: MDDHS

Please list component affiliation: _____